

What will I study?

This Award is designed to help you understand the meaning of leadership by finding out about different leadership styles, skills and qualities through Sport. You will be able to consider, through comparing a variety of leaders, what makes an effective leader. You will be able to use this knowledge to help you consider your own potential for leadership. You will also be able to develop your leadership abilities as you will be given the opportunity to take on a leading role for an activity. This Award will give you an opportunity to explore the relationship between leadership and teamwork. As a consequence this Award will provide opportunities which allow you to build self confidence and self esteem.

What skills will I develop?

- Build confidence in your own leadership abilities.
- Develop the leadership skills and values necessary for working cooperatively with others.
- Help you to understand the impact you can have on others and on the success of an activity.
- Encourage reflective learning.
- Enhance your self esteem.

How will I be assessed?

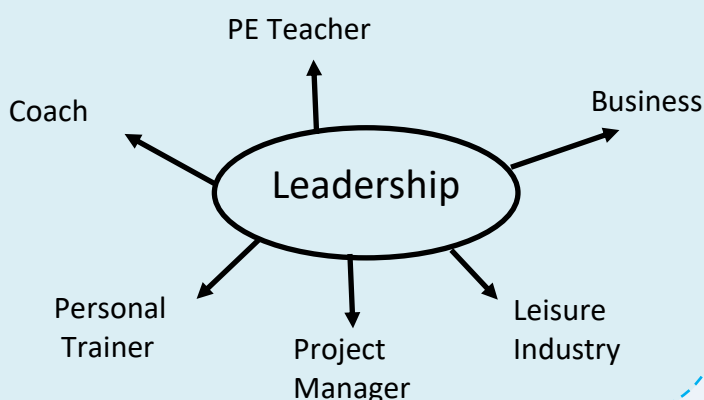
Unit 1: An Introduction to Leadership
Unit 2: Leadership in Practice

Each Unit has outcomes that will be assessed through written assignments, presentations and practical activities. There is no exam for this Award.

What help is SQA Sports Leadership after school?

- Increased employment opportunities following on from the transferable skills and knowledge developed within this Award.
- Further education or training.
- Increased career progression, if already employed.

Possible Careers



Need more info? -

<https://www.sqa.org.uk/>